



BWYQ Level 4 Diploma in Teaching Yoga (RQF) 2020 - 2022



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**BWYQ Level 4 DIPLOMA IN TEACHING YOGA (RQF)
TUTORS – CAROLYN CLARKE & GILLIAN GEE**

Hi – over the last six months, you have enquired about Yoga Teacher Training and we are now at a point where we can answer your enquiry and offer details of our forthcoming course. To deliver this new course proficiently and to the highest standard, we have teamed up to offer you a great learning experience.

BWY guidelines note that we should offer Introduction and Induction for prospective candidates over two separate days with a gap in between for reflection.

The INTRODUCTORY DAY will take place on SATURDAY 5th OCTOBER 2019 and will give you a good insight into the course and expectations and give you time to reflect on the prospect.

The INDUCTION DAY session will take place on SATURDAY 30th NOVEMBER 2019 and will lead candidates closer to the decision making process to commit to the course.

Attendance at these sessions does not guarantee you a place on the course, but will assist us all in ascertaining whether it will suit your needs and fit with your long term aims.

The programme for each day will include postural and pranayama practice, plus periods of discussion and information sharing about the Course. You will need to bring your lunch!

The Introductory Day will develop the following –

1. Offer a detailed insight into the aims of the course.
2. Discuss the intended knowledge and skills base – intended learning outcomes.
3. Outline BWYT & Q regulations and criteria.
4. Discussion of personal commitment, workload, time frames and financial aspects of the course.
5. Allow us to work together – and give both tutors the chance to observe your application of yoga techniques if we have not worked with you before.
6. Answer any questions relating to Teacher Training with BWY.
7. Detail the next step of Induction Day at Jasmine Trust in November 2019

Still interested? Then please complete the Introductory Day Booking slip and send with your fee to Carolyn at the address above.

We look forward to meeting you and having chance to discuss this exciting prospect.

Best wishes,

Carolyn & Gillian

A Bit more info!

Pre-requisites for the course:

2 years attendance at a yoga class with a recognised teacher

Attendance on a BWY Foundation Course (non compulsory) or equivalent level of study

After the Induction Day, your study can begin prior to the commencement of the course by commencing the Anatomy & Physiology online course (to be explained on the Introductory Day) and starting to study relevant information books.

You will also be required to either be First Aid trained or attend a 6 hour First Aid Course – most students do this after commencement of the course

The course will run on Saturdays – dates on the last page – and study material consists of eight units, which will be delivered over 33 months of single study tutorials – there are also two Residential Weekends factored in which offer the opportunity to consolidate learning and bring cohesion to the peer group.

Content covers practical work – a wide variety of techniques based in asana and pranayama, meditation and relaxation, anatomy & physiology aligned to kinesiology, philosophy and professional studies relating to teaching adults and safe practice. In each unit there are 'in house' presentations and internally verified written assignments and choices around use of video and audio assessment – all to be completed within a set time frame (deadlines).

Throughout the course, your yoga teacher will be asked to confirm your regular class attendance and you will be encouraged to attend other training events.

You will also be encouraged to commence teaching around the end of year one and will stay under the guidance of your Tutor as you begin that journey.

The full costs of the course are outlined on the Fees page.

Payment plans will be available on Tutor's fees should you wish to spread the cost, though some costs will be inevitable at the outset. This will all be discussed at the Introductory Day.

A small piece of homework will be set at the Introductory Day ready for the Induction Day.

The course venue will be Jasmine Trust, Babworth Court, Babworth, Retford, Notts DN22 8EW

There is a separate booking slip for the Introductory Day – please fill it in and return it by email. Payment methods are listed on the form.

If you cannot attend the Introductory Day, but are still interested in the course, please contact one of us by phone or email.

Please read the Level 4 BWYQ Diploma in Teaching Yoga (RQF) Qualification overview and Specification (2017), which accompanies this information pack.

FEES

As an aid for your consideration, we have highlighted as many costs as we can think of that relate to the 3 year training period. We realise this is a big commitment on many levels, and hope this will assist your decision making process.

Costs:

- Introductory Day attendance fee - £35 – SATURDAY 5th OCTOBER 2019 (10am – 3pm)
- Induction Day attendance fee - £50 – SATURDAY 30th NOVEMBER 2019 (10am – 4pm)

- Annual Teaching Membership to BWY

Currently £94 per year, but may rise slightly in 2020 – this figure includes both membership and teaching insurance. Without this in place **annually**, you will not be able to attend the course.

- Online Anatomy & Physiology course - £75

You can apply for APL if you have already got a Level 3 qualification in this, but if not, then you will need to complete this – within three months of the course commencement

- Course Registration & Internal Quality Assurance Fee to BWY - £150
- Student Registration to BWYQ - £150

Payable via an online booking system prior to course commencement after Induction Day

- Tutorial fees of £3950 payable over the course by direct payment or standing order.

This will include a non-refundable deposit on tutorial fees - £550

These are the teaching fees that are paid to Carolyn Clarke & Gillian Gee (via Jasmine Trust) and are due on acceptance onto the course. A monthly payment plan is organised for these.

Non refundable deposit payable at Induction Day on 30th November 2019

- 5 set books – approx. £70 (second hand books are often available if you scout around)

Early into course commencement!

- Payment for 2 residential weekend's accommodation

We feel these are a necessary teaching strategy and will be invaluable in your course. We will keep these costs to a bare minimum but they are likely to be around **£160 per weekend**. These will be payable prior to each weekend (probably around 3 – 4 months in advance)

You will also need to have a First Aid Certificate. If you haven't got one, then CC will be organising a day around April/May 2020 when we know how many students need to attend.

Approx cost for this - £60

- 2 compulsory teaching assessments – approx £225

Payable throughout the course –

Part 2 (2020/21) – £75 + tutors travel at 45p per mile

Part 3 (2021/22) – £75 + tutors travel at 45p per mile

You will be encouraged to attend yoga events during this time and these costs are not shown.

Whilst these fees are substantial, your Tutors will encourage you to commence teaching a class within the first year of the course so you may be 'earning as you are training'.

Proposed Dates

	05	Oct	2019	Introductory Day – 10-3pm
	30	Nov		Induction Day – 10-4pm
	25	Jan	2020	1 – Units 1, 2, 3, - 9-5pm
	29	Feb		2
	21	March		3
	18	April		4
	16/17	May		5 & 6 Residential Weekend
	13	June		7
	11	July		8
	19 or 26	September		9
	10	October		10
	07	November		11
	05	December		12
	09	Jan	2021	13
	07	Feb		14 – Units 4, 5, 6,
	07	March		15
	17	April		16
	15/16	May		17 & 18 Residential Weekend
	12	June		19
	10	July		20
	04 or 18	September		21
	09	October		22
	13	November		23
	04	December		24
	08	Jan	2022	25
	05	Feb		26 – Units 7, 8.
	05	March		27
	02	April		28
	07	May		29
	04	June		30
	02	July		31
	03 or 17	September		32
	01 or 08	October		33
	05	November		Spare

Whilst we hope to stick to these dates throughout, they may be subject to change
 You will be given plenty of notice should any change be necessary